ActiveHealth
MANAGEMENT.

NEW! ActiveHealth Mobile App

ActiveHealth® Management's mobile App offers you greater well-being:

- Weekly action plans and tips for getting fit
- Personalized health actions
- Insightful health and well-being information
- Easy communication with nurses and coaches

Earn REWARDS in 3 EASY steps

- Activities can be completed on the mobile app and MyActiveHealth.com/Mississippi

- Complete up to 6 activities per day and each activity earns you 20 hearts

- Redeem your hearts for rewards!

NOTE: Only hearts earned from digital coaching completion at MyActiveHealth.com, apply to the maternity incentive program.

Start taking small steps for a healthier you.
Download the ActiveHealth App today!

You'll find us under "ActiveHealth" in your app store. **Questions?** Email mobilesupport@activehealth.net

Your registration information is the same for both MyActiveHealth.com and the mobile App.